

February Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		ORIENTAL MEAL 1 Stir Fry Beef w/ Broccoli Schezwan Chicken Sweet n Sour Pork Chow Mein Noodles Pork Fried Rice Chinese Fried Cabbage Green Beans w/mushrooms Vegetable Stir Fry	2 Pork Chops w/Pineapple Glaze Fried Fish BBQ Beef Cubes Rissolle Potatoes Steamed Rice Broccoli Peas/Carrots Steamed Corn	3 Shrimp Scampi Beef Stew Roast Turkey Egg Noodles Steamed Rice Corn on the Cob Cauliflower Collard Greens	4 Savory Baked Chicken Swedish Meatballs Creole Shrimp Mashed Potatoes Steamed Rice Creamed Corn Asparagus Summer Squash	5 Chicken Parmesan BBQ Spareribs Baked Fish Au Gratin Potatoes Egg Noodles Cauliflower Combo Mixed Vegetables Fried Cabbage
6 Roast Pork Loin Pot Roast Baked Stuffed Fish Rice Oven Brown Potatoes Cauliflower Combo Succotash Greenbeans w/ Mushrooms	7 Teriyaki Chicken Veal Parmesan Lemon Baked Fish Parsley Buttered Potatoes Rice Carrots Succotash Fried Cabbage	8 MONGOLIAN @ The LDV Pick your own meats and veggies to have them sauteed on the grill with some sauces of your choice! HISPANIC MEAL @ BA 8 Turkey Enchiladas Beef and Bean Tostada Chicken Fajitas Steamed Rice O'Brien Potato Green Beans w/mushrooms Mexican Corn Refried Beans	9 Herbed Baked Chicken Beef & Noodles Southern Fried Catfish Blackeyed Peas w/Rice Mashed Potatoes Sweet Potatoes Mixed Vegetables Peas	10 Mexican Baked Chicken Country Style Steak Stuffed Green Peppers Mashed Potatoes Baked Mac & Cheese Corn on the Cobb Spanish Styles Peas & Carrots	11 Crispy Baked Chicken Baked Canned Ham Ground Beef Yakisoba Spicy Brown Rice Pilaf Baked Potatoes Broccoli Glazed Carrots French Style Peas	12 Chicken Parmesan Sauerbraten Baked Fish Au Gratin Potatoes Egg Noodles Cauliflower Combo Mixed Vegetables Fried Cabbage
13 Swiss Steak w/Tomatoe Sauce Baked Chicken Sweet Italian Sausage Harvest Blend Rice Mashed Potatoes Sauteed Peppers & Onions Fresh Broccoli Steamed Carrots	14 Fish w/Lemon & Garlic Butter Pork Schnitzel Top Inside Round Yakisoba Mashed Potatoes Ginger Rice Pinto Beans Spinach Summer Squash	15 Spaghetti w/ Meat Sauce Lasagna Chicken Parmesan Parsley Buttered Potato Steamed Rice Broccoli Parmesan Cauliflower Parmesan Italian Style Baked Beans	16 Pork Chops w/Pineapple Glaze BBQ Beef Cubes Fried Fish Rissolle Potatoes Steamed Rice Broccoli Peas/Carrots Steamed Corn	17 Shrimp Scampi Beef Stew Roast Turkey Egg Noodles Steamed Rice Corn on the Cob Cauliflower Collard Greens	18 Savory Baked Chicken Swedish Meatballs Creole Shrimp Mashed Potatoes Steamed Rice Creamed Corn Asparagus Summer Squash	19 Chicken Parmesan BBQ Spareribs Baked Fish Au Gratin Potatoes Egg Noodles Cauliflower Combo Mixed Vegetables Fried Cabbage
20 Roast Pork Loin Pot Roast Baked Stuffed Fish Rice Oven Brown Potatoes Cauliflower Combo Succotash Greebeans w/ Mushrooms	21 Teriyaki Chicken Veal Parmesan Lemon Baked Fish Parsley Buttered Potatoes Rice Carrots Succotash Fried Cabbage	22 Southern Meal Southern Fried Chicken Southern Fried Catfish BBQ Spareribs Macaroni and Cheese Steamed Rice Glazed Sweet Potatoes Collard Greens Corn on the Cobb	23 Herbed Baked Chicken Beef & Noodles Southern Fried Catfish Blackeyed Peas w/Rice Mashed Potatoes Sweet Potatoes Mixed Vegetables Peas	24 Mexican Baked Chicken Country Style Steak Stuffed Green Peppers Mashed Potatoes Baked Mac & Cheese Corn on the Cobb Spanish Styles Peas & Carrots	25 Crispy Baked Chicken Baked Canned Ham Ground Beef Yakisoba Spicy Brown Rice Pilaf Baked Potatoes Broccoli Glazed Carrots French Style Peas	26 Chicken Parmesan Sauerbraten Baked Fish Au Gratin Potatoes Egg Noodles Cauliflower Combo Mixed Vegetables Fried Cabbage
27 Swiss Steak w/Tomatoe Sauce Baked Chicken Sweet Italian Sausage Harvest Blend Rice Mashed Potatoes Sauteed Peppers & Onions Fresh Broccoli Steamed Carrots	28 Fish w/Lemon & Garlic Butter Pork Schnitzel Top Inside Round Yakisoba Mashed Potatoes Ginger Rice Pinto Beans Spinach Summer Squash	29 ORIENTAL MEAL Stir Fry Beef w/ Broccoli Schezwan Chicken Sweet n Sour Pork Chow Mein Noodles Pork Fried Rice Chinese Fried Cabbage Green Beans w/mushrooms Vegetable Stir Fry				

February Dinner Menu

		<p>1</p> <p>Fried Chicken Spaghetti w/Meat Sauce Swiss Steak w/ Brown Gravy</p> <p>Mashed Potatoes Brown Rice</p> <p>Fried Cauliflower Asparagus Fried Cabbage</p>	<p>2</p> <p>Mr Z's Baked Chicken Pepper Steak Pasta Primavera</p> <p>Mashed Potatoes Steamed Rice</p> <p>Mixed Vegetables Fried Okra Greenbeans</p>	<p>3</p> <p>Chili Macaroni BBQ Chicken Southern Fried catfish</p> <p>Crispy Potato Wedges Spanish Rice</p> <p>Fried Cabbage Steamed Carrots Fresh Broccoli</p>	<p>4</p> <p>Baked Fish Simmered Knockwurst Chinese 5 Spice Chicken</p> <p>Parsley Buttered Potatoes Spicy Brown Rice Pilaf</p> <p>Vegetable Stir Fry Boston Baked Beans Spinach</p>	<p>5</p> <p>Stir Fry Beef w/Broccoli Turkey Nuggets Pork Chop Suey</p> <p>Rice Pilaf Baked Potatoes</p> <p>Mushroom Onion sauce Corn on the Cobb Greenbeans</p>
<p>6</p> <p>Spaghetti W/Meatsauce Strip Loin Steak Roast turkey</p> <p>Baked Potatoes Pea & Pepper Rice</p> <p>Summer Squash Glazed Carrots Fresh Broccoli</p>	<p>7</p> <p>Country Capt Chicken Meatloaf Turkey Ala King</p> <p>Steamed Rice Mashed Potatoes</p> <p>Mustard Greens Tempura Vegetables</p>	<p>8</p> <p>Lemon Herbed Chicken Pork Chops w/Pineapple Asian Glaze Jambalaya</p> <p>Steamed Rice Scalloped Potatoes</p> <p>Cauliflower Combo Mexican Corn Fresh Broccoli</p>	<p>9</p> <p>Roast Pork Loin Chicken Cordon Bleu Veal Jaegerschnitzel</p> <p>Roasted Chicken Rice Baked Potato Halves</p> <p>Steamed Carrots Simmered Pinto Beans Corn Combo</p>	<p>10</p> <p>Lasagna Spaghetti w/Meatsauce Chicken Cacciatore</p> <p>Steamed Rice Italian Style Baked Beans</p> <p>Fresh Broccoli Cauliflower Parmesan Corn O'Brien</p>	<p>11</p> <p>Fish Almondine Stir Fry Chicken w/Broccoli Pork Chops w/Mushroom Gravy</p> <p>Rissolo Potatoes Rice Pilaf</p> <p>Calico Corn Club Spinach Fried Okra</p>	<p>12</p> <p>Ginger BBQ Chicken Fried Shrimp Beef Manicotti/Canelloni</p> <p>Mashed Potatoes Crispy Potatoe Wedges</p> <p>Collard Greens Blackeyed Peas Corn O'Brien</p>
<p>13</p> <p>Boneless Roast Turkey Strip Loin Steak Tempura Fried Fish</p> <p>Cornbread Dressing Mashed Potatoes</p> <p>Succotash Tempura Vegetables Herbed Green Beans</p>	<p>14</p> <p>Roast Pork BBQ Beef Cubes Chicken Fajitas</p> <p>O'Brien Potatoes Steamed Rice</p> <p>Cauliflower Corn on the Cob Lima Beans</p>	<p>15</p> <p>Fried Chicken Spaghetti w/Meat Sauce Swiss Steak w/ Brown Gravy</p> <p>Mashed Potatoes Brown Rice</p> <p>Fried Cauliflower Asparagus Fried Cabbage</p>	<p>16</p> <p>Mr Z's Baked Chicken Pepper Steak Pasta Primavera</p> <p>Mashed Potatoes Steamed Rice</p> <p>Mixed Vegetables Fried Okra Greenbeans</p>	<p>17</p> <p>Chili Macaroni BBQ Chicken Southern Fried catfish</p> <p>Crispy Potato Wedges Spanish Rice</p> <p>Fried Cabbage Steamed Carrots Fresh Broccoli</p>	<p>18</p> <p>Baked Fish Simmered Knockwurst Chinese 5 Spice Chicken</p> <p>Parsley Buttered Potatoes Spicy Brown Rice Pilaf</p> <p>Vegetable Stir Fry Boston Baked Beans Spinach</p>	<p>19</p> <p>Stir Fry Beef w/Broccoli Turkey Nuggets Pork Chop Suey</p> <p>Rice Pilaf Baked Potatoes</p> <p>Mushroom Onion sauce Corn on the Cobb Greenbeans</p>
<p>20</p> <p>Spaghetti W/Meatsauce Strip Loin Steak Roast turkey</p> <p>Baked Potatoes Pea & Pepper Rice</p> <p>Summer Squash Glazed Carrots Fresh Broccoli</p>	<p>21</p> <p>Country Capt Chicken Meatloaf Turkey Ala King</p> <p>Steamed Rice Mashed Potatoes</p> <p>Mustard Greens Tempura Vegetables</p>	<p>22</p> <p>Lemon Herbed Chicken Pork Chops w/Pineapple Asian Glaze Jambalaya</p> <p>Steamed Rice Scalloped Potatoes</p> <p>Cauliflower Combo Mexican Corn Fresh Broccoli</p>	<p>23</p> <p>Roast Pork Loin Chicken Cordon Bleu Veal Jaegerschnitzel</p> <p>Roasted Chicken Rice Baked Potato Halves</p> <p>Steamed Carrots Simmered Pinto Beans Corn Combo</p>	<p>24</p> <p>Lasagna Spaghetti w/Meatsauce Chicken Cacciatore</p> <p>Steamed Rice Italian Style Baked Beans</p> <p>Fresh Broccoli Cauliflower Parmesan Corn O'Brien</p>	<p>25</p> <p>Fish Almondine Stir Fry Chicken w/Broccoli Pork Chops w/Mushroom Gravy</p> <p>Rissolo Potatoes Rice Pilaf</p> <p>Calico Corn Club Spinach Fried Okra</p>	<p>26</p> <p>Ginger BBQ Chicken Fried Shrimp Beef Manicotti/Canelloni</p> <p>Mashed Potatoes Crispy Potatoe Wedges</p> <p>Collard Greens Blackeyed Peas Corn O'Brien</p>
<p>27</p> <p>Boneless Roast Turkey Strip Loin Steak Tempura Fried Fish</p> <p>Cornbread Dressing Mashed Potatoes</p> <p>Succotash Tempura Vegetables Herbed Green Beans</p>	<p>28</p> <p>Roast Pork BBQ Beef Cubes Chicken Fajitas</p> <p>O'Brien Potatoes Steamed Rice</p> <p>Cauliflower Corn on the Cob Lima Beans</p>	<p>29</p> <p>Fried Chicken Spaghetti w/Meat Sauce Swiss Steak w/ Brown Gravy</p> <p>Mashed Potatoes Brown Rice</p> <p>Fried Cauliflower Asparagus Fried Cabbage</p>				