



YOUTH PROGRAMS

Aviano Air Base Italy



Welcome to the Youth Center which provides a year-round program of recreational, social, cultural, educational, fitness/athletic and family activities. Our activities are appropriate for children ages 6 (first grade) to 18 years old who are dependents of military and civilian DOD personnel assigned to Aviano Air Base who are eligible to participate in the Youth Programs according to AFI 34-249. Youth ages 3-5 years old are eligible to participate in select programs.

The Youth Center, Bldg. 116 located in Area 1, includes a pre-teen room, instructional classrooms, computer room, gymnasium, Teen Center, playground, outdoor volleyball court, basketball court and School Age wing.

The Youth Program operates under the guidance of the Air Force Instruction 34-249 and is affiliated with the National Boys & Girls Clubs of America and 4-H. The 4-H core belief is Health, as evidenced by the four H's in the 4-H clover: Head, Heart, Hands, and Health. 4-H is committed to the physical, mental and emotional health of our nation's youth so they may lead healthy and productive lives into adulthood. 4-H has become a national leader in health-related educational issues including chemical health, mental and emotional health, foods and nutrition, physical health and safety.



Area 1, Building 116
DSN: 632-7575
Commercial: 0434-30-7575
From US: 011-39-0434-30-7575
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THE YOUTH CENTER

MISSION STATEMENT

The Aviano Youth Programs (AYP) is developed to enhance the emotional, physical, social and educational well being of youth participants 6-18. AYP provides safe, age appropriate and multicultural activities that help foster learning and develop confidence. AYP will provide positive and enjoyable experiences which encourage youth to develop the skills necessary to make sound judgments and become productive members of society.

PHILOSOPHY

The AYP curriculum focuses on Boys and Girls Clubs of America's Youth Development Strategy which states all enrolled children will have a positive experience that contributes to a positive sense of self-esteem by assuring all children develop the following goals:

PROGRAM GOALS

We at Aviano Youth Programs value the participation of the whole community in decision making and program development.

Personal Development: Supporting positive self-concepts, fostering independence and life skills, and encouraging responsibility.

Social Development: Establishing friendships, learning social skills, gaining social support, and developing a sense of community and teamwork.

Physical Development: Building physical and recreational skills and appreciating the ability to rest and relax.

Cognitive Development: Advancing success in school and exploring new ideas and facts.

AVIANO YOUTH PROGRAMS

MEMBERSHIP

Program membership enables youth to make use of the following amenities, services and discounts: Reduced monthly rates for instructional classes, plus reduced fees for a wide range of sporting events as well as special events such as Kids Night Out, dances, lock-ins, etc.

YP MEMBERSHIP (AGES 6 AND ABOVE):

Membership is available for children ages 6 and above. Membership allows for discounted rates on sports registration, instructional classes and monthly recreational programs to include Kids Night Out, Teens Night Out, etc. Youth membership is required for children to attend open recreation, teen center or Boys and Girls Club programs (Torch Club, Club Tech, Keystone Club, Smart Girls, etc). Membership is renewed annually and expires on 31 Dec.

OPEN RECREATION (AGES 9-12):

Located on the main floor and open Monday through Friday. Youth members ages 9-12 can hang out after school with their friends, work on homework, play games or video games, participate in sponsored activities (kids in the kitchen, pool tournaments, fine arts and more) or use our fully equipped computer room. A monthly calendar of events is available in the lobby or on the website at www.31FSS.com. Membership is required.

TEEN CENTER (AGES 13-18):

The teen center is for youth members ages 13-18 and is located on the second floor. Entrance to the teen center is the stairwell between the Youth Center and Kindergarten building. Members can come and hang out after school with friends, work on homework, participate in sponsored activities (kids in the kitchen, pool tournaments, fine arts and more) or use our fully equipped computer room. A monthly calendar of events is available in the lobby or on the website at www.31FSS.com. Membership is required.

POLICIES & PROGRAM INFORMATION

PARENT VISITATION

Parents/guardians are welcome in the Youth Center at any time during the hours of operation. If the parent/guardian is going to stay in the facility for longer than just picking up their child or briefly talking to staff, they must sign in as a visitor at the front counter and wear a visitor badge during their time in the program. When they have finished their visit, they would then need to sign out at the front counter and return their badge. Parents bringing their kids to instructional classes must remain in the facility during the duration of the class. The purpose of this procedure is to have accountability for everybody in the facility in case of an emergency.

SIGN IN/SIGN OUT POLICY

AFI 34-249: Children age 9 or over are allowed to leave the program to participate in other after-school youth programs, or community youth programs such as Scouting, with written parental permission including a transportation agreement. For children 6 through 8, authorize an adult or sibling 14 years old or older to pick up and sign out the child as listed on the AF Form 1181. All youth center members, both pre-teen and teen, must sign in and out of the Youth Center. Sign in/out sheets are located at the front counter of each of the rooms.

NO SMOKING, DRUG AND ALCOHOL POLICY

In accordance with AFI 34-249, the use of alcohol, illegal drugs, profanity or tobacco products is prohibited in any youth program facility or its outdoor areas. The use of alcohol, illegal drugs, or tobacco products is also prohibited at any function sponsored for or by the youth program.

VANDALISM/DESTRUCTIVE BEHAVIOR

Any youth caught vandalizing or purposely breaking equipment may be suspended from the program. Parent/guardian may be held responsible for the assessed damage. Employees who discover vandalism will immediately document the incident and notify the parents and the Youth Programs Director.

BEHAVIOR GUIDELINES

Positive guidance techniques are followed by all staff, volunteers, and contracted instructors at the Youth Center. Staff ensure that consequences of inappropriate behavior are consistent, clear, and in accordance with program policies. Staff are trained to professionally communicate with parents any problems associated with their child. Staff relate to all youth in positive ways. Staff use opportunities to praise along with responding appropriately to the individual needs of each child. Youth are encouraged to make appropriate choices and become more responsible for their actions. The Youth Center programs provide an environment that encourages youth to interact with one another in positive ways.

DOD CHILD ABUSE HOTLINE NUMBER

Any instances of child abuse or neglect identified must be reported by the employee or adult who has noticed or has become aware of said abuse. The employee, volunteer, contracted instructors, or other adult who has noticed or become aware of possible child abuse must contact the staff member, supervisor on duty, Youth Programs Director, or management with in Force Support Chain of Command. All staff, volunteers and contracted instructors are trained annually in child abuse prevention, identification and reporting. 1-877-351-8988
OCONUS

PARENT PARTICIPATION

Parents are encouraged to become involved with the Youth Center program. Mentors for the Power Hour Program and chaperones for field trips are always needed. Volunteering to be a coach in the Youth Sports program is also an option. The Youth Sports Program provides basketball, soccer, flag football and baseball leagues for children age 5 and above. The program also offers Start Smart sports for 3 and 4 year olds in basketball, baseball and soccer. For coaches and regularly scheduled volunteers, a background check will be conducted and an orientation will be given. For more information on these or any other ways to become involved in the Youth Center program, talk to a Youth Center staff member.

YOUTH SPONSORSHIP PROGRAM

The Youth Center is able to assist families as they transfer to and from Aviano AB. Children can be matched up as pen pals here at Aviano or at the base they will be moving to. Included in this brochure is information about the local school on base. Contact the Youth Center at 632-7575 to find out more about the Youth Sponsorship Program.

OPEN REC & TEEN CENTER PROGRAMS & CLUBS

Please contact the Youth Programs staff for specific dates and times for each program and club.



Torch Club is a Boys & Girls Club chartered small-group leadership and service group for youth ages 9-12.

Torch Club is a powerful vehicle through which youth can meet their special character development needs. Members learn to elect officers and work together to implement activities in four areas: service to club and community, education, health and fitness and social recreation.



The Air Force Youth and Teen Fitness and Health Program is committed to the well-being of families and youth.

Fit Factor is a web-based program that encourages young people to GET UP, GET OUT & GET FIT! Youth ages 6-18 can earn points for being active in a variety of ways – from team sports to household chores, you can start earning points to achieve the five Fit Factor levels. For each level you reach, you earn valuable prizes. See the Youth Programs staff to get started.



SMART Girls is a small-group health, fitness, prevention/education

and self-esteem enhancement program designed to meet the developmental needs of girls ages 9-12 and 13-17. Through dynamic sessions, highly participatory activities, field trips and mentoring opportunities with adult women, Club girls explore their own and societal attitudes and values as they build skills for eating right, staying physically fit, getting good health care and developing positive relationships with peers and adults.



Keystoning is the Boys & Girls Club movement's most dynamic teen program. Keystone Clubs are chartered leadership and service clubs for boys and girls ages 13-18. Keystoners elect officers and implement activities in six areas: service to Club and community, character and leadership development, education and career exploration, unity, free enterprise and social recreation.



By leveling the “virtual playing field,” kids of all ages and circumstances now have access to the same resources and skills to help them discover their world, expand creativity, perform better in school, and eventually take their technology know-how into the workplace with Club Tech.

- **Skill Tech:** Basic Training outlines computer skills basics with fun and age-appropriate online courseware. Club members perform activities toward the completion of larger projects, mastering valuable computer skills in word processing, spreadsheets and other productivity software. Topics include: Introduction to the Desktop, Navigation Skills & Internet Safety, Introduction to Productivity, Reference and Educational Software, Learning Internet Search Skills to Find and Review Information, How Computers Work, Identifying Parts and Knowing Technical Terms
- **Skill Tech II:** Skill Tech II focuses on developing specific, age-appropriate technology skills with an emphasis on computer hardware, networking and the internet. It teaches advanced yet practical computer skills to Club members ages 6 to 18 and features three eight-session programs for three age groups: 6-9, 10-13 and 14-18. The program uses animated, interactive tutorials and hands-on, instructor-led group activities with a fun, spy-related theme and sessions called “missions.” Lessons are age-appropriate. Older members explore technology-related careers and learn to build a computer from scratch; younger members begin identifying essential computer parts and learn to perform internet searches.

YOUTH CENTER FACILITY



Welcome Desk



Open Rec



Teen Center



Computer Lab



Aviano AB Youth Center



Rock Climbing Wall



Before and After School Care



The Youth Center provides facilities for before and after school care, the "Give Parent's a Break" Program and the PCS Program. Contact the Youth Center to find out ways in which you can utilize one of their many services.

In addition to the various sports programs offered, the Youth Center provides instructional classrooms for ballet, gymnastics, karate and taekwondo. They even have a room for music lessons!



You can relax, knowing that your children will enjoy their visits to the Youth Center!



OPEN REC & TEEN CENTER PROGRAMS & CLUBS CONTINUED



IMAGE MAKERS

As an integral form of expression, photography has become the corner stone of our multi-media world. As “a picture can say a thousand words,” Boys & Girls Clubs of America, in partnership with the

Circuit City Foundation, created “Image Makers,” a program designed to allow youth the opportunity to express themselves and capture the world around them. Giving life and words to the struggles of youth and things they find beautiful, engaging, tumultuous, and inspiring. The effectiveness of this program comes in the acknowledgement of the different types of youth your center serves and what they see through the lens of a camera.

Image Makers is a comprehensive photography program for all Boys & Girls Clubs members from ages 6-18. Experience with photography is not needed to conduct the Image Makers program. Everything you need to know can be found in the resource guide: “National Photography Program: Image Makers Resource Guide;” including special sections on digital photography, building a darkroom, and hosting a photography exhibition. The basic, intermediate, and advanced components of Image Makers are at the heart of the program. The goal of each component is to teach the use of photography as art and vocation. Each component has eight sessions and may be expanded with additional activities. Members are placed in the basic, intermediate, or advanced component as appropriate depending on their age and experience with photography. Each component can stand on its own, or members can graduate from one level to the next.

Passport to Manhood

Passport to Manhood promotes and teaches responsibility while reinforcing positive behavior in male Club members ages 11 to 14. Passport to Manhood consists of 14 small group sessions, each of which concentrates on a specific aspect of manhood through highly interactive activities. Each participant is issued his own “Passport” to underscore the idea that he is on a journey of maturation and personal growth.

The Youth of the Year

One of the most influential and rewarding programs of the Boys & Girls Clubs of America program curriculum, the Youth of the Year title is the highest honor that can be bestowed upon a club member. The competition, which begins on the local level at the Club or Youth Center and moves to the State (Base) level, then Regional (USAFE) level, then the National, culminating in a week long, once in a lifetime experience for a club teen to compete against, and befriend, five regional finalists who each possess the talent and skills worthy of the title. The one regional finalist chosen as the National Youth of the Year then spends the year traveling around the country speaking on behalf of the organization as a youth ambassador at important national functions and fundraisers. As each candidate advances through the various levels, they receive scholarship dollars of \$1,000, \$10,000, and \$15,000 from the Reader's Digest Foundation.

In addition to the description above, the Youth of the Year program benefits Youth Members by helping them: develop healthy attitudes toward home, community, school and club; recognize the importance of patriotism, civic responsibility, and good character and demonstrate them in all aspects of their daily lives; strengthen their moral values; build a positive self-concept; achieve personal growth; improve writing, listening, and speaking skills; identify with positive role models; and develop leadership skills.



4-H is the youth education branch of the Cooperative Extension Service, a program of the United States Department of Agriculture 4-H.

This club focuses on developing all youth to reach their fullest potential through:

Developing life skills

Learning by doing

Utilizing the knowledge of the land-grant university system

Enabling youth to have fun, meet new people and learn

INSTRUCTIONAL CLASSES

A variety of instructional classes are offered for children ages 3-18 (age group varies between each class). From ballet to karate, the Youth Program has an instructional class to appeal to most any child's interest. Contact the Youth Program front desk at 632-7575 for class availability and registration information.

KARATE TECH: AGES 6-18

Karate Tech provides a complete system of personal self-defense for people young and old. From traditional punches, blocks, kicks, trapping, knee & elbow strikes, submission holds, joint locks and grappling as well as self discipline. Recognizing the wide range of today's threats to personal safety, Karate Tech offers the Total Self Defense solution to our personal protection needs. Monthly fees are \$32 for youth members and \$37 for non-members.

TAEKWONDO CLASS: AGES 4-18

The International TaeKwonDo Alliance and its academies are built on the solid principles of its tenets: Honor, Courtesy, Integrity, Perseverance, Self-Control, Courage and Community. Instructor Corinne Senkbeil and her staff are dedicated to providing a high level Martial Arts experience to the student, focusing on creating well rounded martial artists using Traditional Ho-Am TaeKwonDo as the foundation then adding HanMuDo, and Gracie style Jiu-Jitsu for a full learning experience. Monthly fees for Tiger Cubs (ages 4-6) are \$32 and Junior Class (ages 7-18) is \$37 for members and \$42 for non-members.

GYMNASTICS: AGES 5+

Classes begin with learning proper technique for performing rolls, cartwheels, and handstands. Drills are used prior to performing actual skills to ensure that the children are ready to safely perform the skill. Children also learn basic beam skills, dance terms and body positions relevant to gymnastics. As children progress, they work on round-offs, handstands, limbers, walkovers, and handsprings. Monthly fees are \$35 for members and \$40 for non-members.

MS. TINA'S DANCE CLASS: AGES 3+

Ms. Tina offers a wide variety of classes. From creative dance movement to Broadway, there is a class to fit any dancer. Ms. Tina's classes are primarily focused on ballet; however she does offer a combo ballet/jazz class which introduces the student to jazz steps, turns and jumps. By studying both art forms the students learn to appreciate and distinguish the different techniques. Monthly fees are \$25 for members and \$30 for non-members. Performances are conducted in the winter and spring.

MS. BOYD'S PIANO CLASS: Ages 6+

Ms. Boyd offers classes for beginners to advanced students. She will assist beginners in learning the basic fundamentals of playing piano along with teaching them how to read music. Those students currently proficient in playing piano will continue to fine tune and learn new skills through their lessons. Class fees are \$15 for members and \$20 for non-members. Hours of instruction are 1500-1900. Additional class times are available by request. Piano recitals are conducted in the winter and spring.

YOUTH SPORTS PROGRAM:

Participation in AYP sports is a year-round program to get your child out and moving! The Youth Program offers a wide variety of sports throughout the year for ages 5-15 (16-18 for Girls' Softball only). Sports offered may include basketball, flag football, baseball, girls' softball, volleyball, indoor and outdoor soccer. Start Smart sports are offered in select sports for children ages 3 and 4. Prior to registration, a sports physical must be on file and valid for the duration of the sport. Children will not be allowed to register without a current physical. Current sport fees are \$45 for members and \$50 for non-members. Check out our sports calendar at www.31FSS.com



OTHER PROGRAMS

PCS CARE PROGRAM

The Child Care for PCS Program is available to help relieve some of the stress felt by families in the process of a PCS move. The Air Force Aid Society (AFAS) will pay up to 20 hours of childcare (per child). Families may receive a certificate both at the base the family is departing from and the base where the family is arriving, if both bases offer the program. Certificates are valid only at the base at which they are issued and unused hours don't transfer from one base to another.

Families with PCS orders are eligible to receive a certificate from the base Airman and Family Readiness Center relocation staff for use within 60 days of the family's departure or arrival at the base. Child care is provided only on base and if space is available.

SCHOOL AGE PROGRAM

The School Age Program offers before and after school care as well as full day care when school is not in session. All components of the program are designed to help working parents of children ages 6-12, first grade through sixth grade (6 year old must be in 1st grade in order to attend the School Age Program) The program is facilitated by a School Age Coordinator and qualified program assistants, is nationally accredited, and has age appropriate activities.

HOURS OF OPERATION FOR SCHOOL AGE PROGRAM

During the school year, the School Age Program hours are Monday through Friday 0630-0800 and 1430-1800. Non-school days and summer program hours are Monday through Friday 0630-1800. Closed on federal holidays; open for Aviano Down/Family Days by reservation only.

SPECIAL NEEDS

Youth with special needs are provided service when the program can reasonably accommodate their needs and their presence does not endanger the health and safety of other youth and the staff. No youth identified with a special need will be denied service without approval from the program's Higher Headquarters, the Major Command Chief of Services or Major Command Services Division Chief. A base level team consisting of the Medical Advisor, Chief

Airman and Family Services Flight, EDIS, Program Director, Training and Curriculum Specialist, and parent will identify specific special needs, evaluate re, if/how needs can be best met, if needs can be met in existing programs, and determine/recommend ratio requirements.

HOURLY CARE

Care is provided in the School Age Program on a space available basis. To make a reservation, payment is due at least 24 hours in advance. If you are using the service for the first time, you must come in and complete an AF Form 1181 (Air Force Youth Flight Program Patron Registration) and provide a copy of your child's immunization record. It is imperative that after making the reservation, you also inform your child's teacher at school in writing of any changes to the child's pick-up schedule. Rates are \$3 for before school care, \$9 for after school care, \$12 for before and \$3/ hour for full day care.

GIVE PARENTS A BREAK PROGRAM

The Give Parents a Break Program is offered once a month on Friday nights (1830-2300). Eligible parents can receive a certificate for free child care during this program by contacting their first sergeants, chaplain, pediatrician or Airman and Family Readiness Center. Give Parents a Break is offered for children grades 1st – 6th. Prior registration is required, to include an updated copy of shot records. Parents without a referral are authorized to sign up for care on a space available basis for only \$3 an hour.

To be eligible, parents must have a spouse deployed or on extended TDY, experiencing a family crisis such as a birth of a baby, serious illness of a family member, death in the family, extended illness of a family member, or a spouse who has been required to work extensive extended shifts.



KIDS NIGHT OUT

The Kids Night Out Program is offered once a month on Friday nights (1830-2200). The program is offered for children grades 1st – 6th. Cost for registration is \$8 for members and \$10 for non-members.

HOURS OF OPERATION

SCHOOL YEAR

Pre-Teen (9-12)	Monday – Friday	1430-1800
Teens (13-18)	Monday – Friday	1430-1800
School Age Program	Monday – Friday	0630-0800 1430-1800
Administrative Desk	Monday – Friday	1200-1800

SUMMER PROGRAM

Pre-Teen (9-12)	Monday – Friday	1300-1800
Teens (13-18)	Monday – Friday	1300-1800
School Age Program	Monday – Friday	0630-1800
Administrative Desk	Monday – Friday	0630-1800

CLOSED

Saturdays, Sundays, federal holidays, goal days and special events as scheduled. On full days off from school during the school year the hours of operation are 1300-1800 for pre-teens and teens. On early release days from school during the school year the hours of operation are 1200-1800 for pre-teens and teens.

If a child has not been picked up by closing, the parent and emergency contact listed on the AF Form IMT 88 will be contacted. If neither can be reached, the sponsor's 1st Sgt and/or SFS will be contacted to pick up the child.

PHONE NUMBERS

Aviano Youth Programs	632-7575
Director, Youth Programs	632-5823
Director, School Age Program	632-8713
Director, Youth Sports and Fitness	632-4784
Sports Info Line	632-2699
Teen Center	632-5994